

# AQUA DOME – Tirol Therme Längenfeld

## Facts & Figures

**Opening:** 1 October 2004

**Extension:** Hotel extension and *SPA 3000*: December 2012

**Managing director:** Bärbel Frey  
Dr. Herbert Kuess

**Location:** Längenfeld, in the centre of the Tyrolean Ötztal valley

**Directions: By car** – A 12 motorway, Exit Ötztal / **By train** – Ötztal Bahnhof (nearest railway station) / **By bus** – Längenfeld (nearest station) / **By plane** – Innsbruck (nearest airport) or Munich (Germany).

**Thermal water:** The thermal water originates from a deep reservoir located at a depth of 1,865 meters. The sodium chloride sulphate water comes from a sulphur spring rich in divalent sulphur (contents 5 mg S--/l), with a temperature of 26.7° Celsius. The water is pumped up and reaches a temperature of 40° Celsius when it comes to the surface, with a flow velocity of about 3-4 litres per second.

**Management:** VAMED is the operating company by order of a group of associates, among them Raiffeisenlandesbank Tirol, Bergbahnen Sölden, Raiffeisenlandesbank Oberösterreich, Raiffeisenbank Bezirk Imst, VAMED, Ortner, Gemeinde Längenfeld and Tourist Board Längenfeld.

The internationally renowned VAMED health group has been involved in thermal spa and well-being resorts since 1995. In 2006, the VAMED Vitality World was founded as an umbrella organisation, running eight of the most popular thermal spa and health resorts of Austria. With 2.4 million thermal spa guests per year in all VAMED Vitality World resorts, VAMED is Austria's leading operator when it comes to thermal spa and health resorts.

**Employees:** approximately 220 year-round jobs.

**Size:** The entire spa resort, furnished in conformance with Feng Shui principles, covers a total size of about 50.000 m<sup>2</sup>, comprising a water surface of 2.200 m<sup>2</sup>.

**Hotel:** First Class Superior conveniences at their finest in both classic and top modern design, 200 rooms and suites with a minimum size of 35 m<sup>2</sup>. All rooms are furnished with top-class materials, offering bath tub or shower, separate WC, hairdryer, bathrobes, flat-screen TV, room safe, free minibar, telephone, radio and balcony.

**MICE seminar tourism:** Light-flooded seminar rooms with state-of-the-art equipment and seminar technology for up to 800 persons. Seminar and convention package deals comprise fitness units and refreshing snacks.

**Thermal spa:** The *Ursprung* spa dome in the shape of a glass crystal offers two indoor pools with a water temperature of 34° and 36° Celsius. The *Talfrische* outdoor spa contains three seemingly levitating bowl-shaped pools with a diameter from 12 to 16 metres: one brine pool with underwater music and light effects, one massage pool with a fountain of thermal water and one jacuzzi pool. Additionally, we offer a 25-metres swimming pool for sports, an activity pool with underwater fitness equipment, relaxation areas, a glazed panorama area for our hotel guests only, a separate indoor and outdoor children's area with daily care and free animation programme.

**Gletscherglühlen sauna world:** Measures more than 2,000 m<sup>2</sup>, includes a loft sauna, earth sauna, sauna canyon, hay barn sauna, steam dome, steam bath, herb bath, brine steam bath, brine grotto, whirlpool, swimming pool, shower world, ice grotto, Kneipp trail, thematised rest areas, spiral garden, panoramic whirlpool, outdoor area and sauna bar.

**Food and drinks:** Spa restaurants with 250 seats, partly with self-service, partly with waiter service. *Einkehr* market restaurant with vital buffet. *Mammutbar* for drinks and snacks. *Hitzeschmankerl* sauna restaurant. In the hotel: restaurant, bar, wine bar, lounge.

**Gipfelsturm fitness centre:** Strength and cardiovascular training with state-of-the-art equipment, aerobics, spinning, personal training and fitness checks. Relaxation training, Qi Gong, yoga, choreo dance, aqua fitness, Tae Bo, Nordic walking, aqua gymnastics, fat burner, Pilates, aqua cycling and much more.

**Beauty & SPA Morgentau:** All-encompassing treatment programme in 17 treatment rooms, facial treatments and body care, massages (Ötztal hot stone massage, Tyrolean honey massage), men's specials like the anti-stress programme for managers, noble beauty treatments like Shiseido, Trehs or Biosel.

**Premium area SPA 3000:** Since December 2012, we offer our hotel guests exclusive well-being pleasure on the roof of the spa complex on an area of 2,000 m<sup>2</sup>. On two floors, it contains, among others: Alpine herb sauna, herbal pack bath, gentian pool, Ötztal crystal bath, mineral shower, couple treatment room, *Hochsitz* bar, lounge around a fire staging, *Längenfelder Bad'n* double tubs filled with thermal water from Längenfeld, spacious relaxation areas and Finnish sauna with panoramic views of the Ötztal mountains.

### **Ötztal tourism region:**

- Sölden-Hochsölden skiing resorts with the Obergurgl-Hochgurgl glacier region can be reached easily by shuttle bus.
- Cross-country ski runs at our doorstep, awarded with the Tyrolean seal of quality for cross-country ski runs.
- Extensive path net for hiking and Nordic walking throughout the whole of Ötztal, from hiking in the valley to hiking onto mighty, 3,000 meters high mountain peaks.
- Mountain bike tours, racing bicycle tours and e-bike tours to the most scenic places.
- Outdoor adventures like rafting and canyoning in the adrenalin recharger Area 47, [www.area47.at](http://www.area47.at).

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