



THE ALPINA
GSTAAD



A Summer
Beyond The Expected
2016

Paper cutting – a local craft

The practise of cutting paper designs for artistic or decorative purposes began in the Orient and became an established craft in central Europe sometime in the 16th century. In the mid-19th century, Switzerland developed its own particular style of Scherenschnitt (literally "scissor cut"), although differences existed between the regions. These traditional paper cuttings, which were mostly created by ordinary men and women, have attracted thousands of admirers in recent years. The Canton of Bern and the bordering Pays-d'Enhaut District are still centres of the art of paper cutting today.

Beatrice Straubhaar is a passionate artist from Saanenland who made her hobby her profession and has been practising the craft for over 30 years. Her paper cuttings adorn the walls of many local chalets, restaurants and hotels. And our summer brochure also features the typical black-and-white pattern, showing a traditional Alpine procession framing The Alpina Gstaad. The original of this paper cutting can be admired in our Sommet restaurant.



Dear Friends of The Alpina Gstaad,

In this fast-paced world do you ever take the time to stop and take a moment for yourself?

This summer, pause and feel the fresh mountain breeze on your face. For the perfect summer holiday, immerse yourself in nature, combining rich local culture with outdoor activities such as forest bathing or hiking.

Our philosophy lies in helping our guests reconnect with themselves and with each other. Through the new Six Senses "Integrated Wellness" programme, guests will be able to build the foundation blocks of wellbeing and enhance their lives through nutrition, sleep therapy, yoga, movement, meditation, mindfulness and more, all tailored to individual needs.

Join us on this journey of discovery!

On behalf of The Alpina Gstaad and its staff, I wish you a wonderful summer holiday season.

A handwritten signature in blue ink, appearing to read "Eric Favre". The signature is fluid and cursive, with a long horizontal stroke above the main text.

Eric Favre

Managing Director



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TOP EVENTS SUMMER 2016



June 3rd
Opening Summer Season



June 23rd-26th
Discover QMS Medicosmetics



July 2nd
Jazz Dinner



July 5th - 10th
Swatch Beach Volleyball
Major Series - Gstaad



July 16th
Biologique Recherche
Presentation



July 14th - September 3rd
60th Gstaad Menuhin Festival
& Academy



July 16th - 24th
Crédit Agricole
Suisse Open Gstaad



August 1st
Swiss National Day



August 18th - 21st
Hublot Polo Gold Cup Gstaad



August 22nd - 28th
Tibetan Week



September 1st to 4th
Experience ila Organic Skincare



September 9th - 10th
Gstaad Country Night



JUNE 3rd – SEPTEMBER 18th, 2016

Two Extraordinary Rooms for Special Moments

Leave your imprint on our "Living Art Wall" and become part of a truly extraordinary art project in our "Living Art Room", or escape daily life in The Love Suite by Kiki de Montparnasse.

Living Art Room

Unleash your creative side by putting your thoughts, feelings and ideas into painting, and contributing to a truly extraordinary piece of art. All the artworks on the "Living Art Wall" will be sold and the money collected given to the Marie-Louise Mimran foundation.

The Love Suite by Kiki de Montparnasse

Celebrate intimacy and inspire your romantic imagination in your own private sanctuary.

For more information please contact our marketing department at marketing@thealpinagstaad.ch.



In-Suite Shopping

Access the latest couture collections from the privacy of your own suite. This summer, The Alpina Gstaad has gone beyond the expected to offer guests a bespoke "in-suite" shopping experience. Guests will be able to shop the latest trends, from the most luxurious boutiques in Gstaad without lifting a finger. "In-Suite"- shopping is available for all guests and is organised by our concierge team.

Healthy-Bar

Eating healthily on holiday can be hard, but with the launch of our new mini-bar concept you can start your holiday the right way. Filled daily with refreshments and wholesome snacks designed to boost your immune system and energy levels - your Healthy-Bar takes away the temptation of that midnight snack. For the ultimate in Alpine wellness, pair the Healthy-Bar with a treatment in the Six Senses Spa and mountain yoga.

To order your Healthy-Bar please contact our reservations team at reservations@thealpinagstaad.ch or +41 33 888 9888.

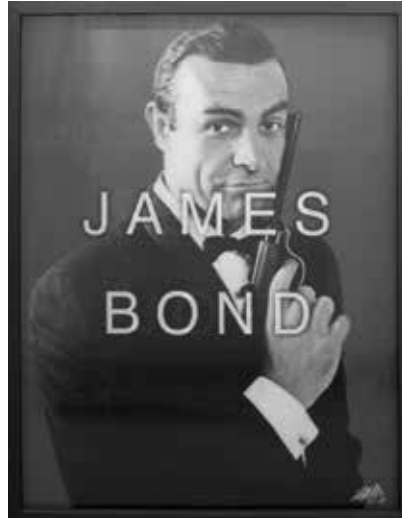




The Alpina Gstaad Private Art Collection

Aiming to go beyond the expected, The Alpina Gstaad combines passion and an innovative vision to offer a unique platform for art, beauty and freedom of expression.

Beauty is first and foremost related to the senses. All art, whether in the form of paintings, film or music, is part of a continuous search for the meaning of life. Lascaux's paintings, Constable's landscapes, Tchaikovsky's waltzes,



Massimo Agostinelli, JAMES BOND I SEND A JOB M, 2015, 156cm x 121.5cm

Keats's poems and Oscar Wilde's writings all strive to define life's purpose, a process which occurs through experiencing art. Art should always have an emotional effect, whether negative or positive, on those experiencing it. There is no right or wrong in art, only opinions. It allows humans to express their deepest emotions and thoughts without barriers or judgement.

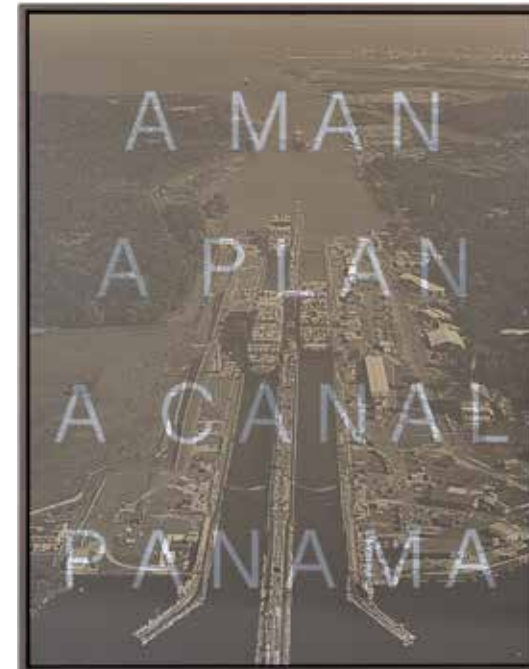


Alex Katz, Untitled Landscape 2, 2014, 182cm x 182cm

In modern day society, we are constantly bombarded with information. With such fast-paced lifestyles, humans are slowly losing contact with nature and with their inner selves. Art provides an opportunity to reconnect, all the while giving us a chance to understand and accept change.

The latest additions to our private art collection are pieces from Massimo Agostinelli and Alex Katz.

Visit www.thealpinagstaad.ch to review the complete collection with further information about the various artists and their creations.



Massimo Agostinelli, A Man A Plan A Canal Panama, 2014, 162cm x 127cm



GOOD TO KNOW

Healthy Start ingredients will be labelled with these symbols.



HEALTHY START



GLUTEN-FREE

Healthy Start

In order to ensure our guests' well-being, we offer our Healthy Start breakfast consisting of light and organic dishes as an alternative to our gourmet breakfast. Create your very own detox juice with fresh ingredients for a perfect start to the day.



GOOD TO KNOW

Visit our Alpina bees. We are happy to guide you to their "honey -chalets".

Energetic Landscapes!

Discover the beautiful nature around Gstaad on an **Alpina e-bike**.

Our concierge team will advise you on the best routes to take and the most beautiful spots to visit. The map is also available in its original format at the concierge desk.

GOOD TO KNOW

Please inform us when making your reservation if you would like to have an e-bike reserved for you free of charge.



A ZWEISIMMEN – RINDERBERG – HORNBERG – HORNEGGLI – SCHÖNRIED – ZWEISIMMEN

- Zweisimmen-Rinderberg
- Rinderberg-Hornberg-Horneggli 2:30 h
- Horneggli-Schönried
- Schönried-Zweisimmen

B ZWEISIMMEN – RINDERBERG – ALP WISTÄTT – LEITERLI – LENK – ZWEISIMMEN

- Zweisimmen-Rinderberg
- Rinderberg-Alp Wistätt-Leiterli 6:00 h
- Betelberg-Lenk
- Lenk-Zweisimmen

C SCHÖNRIED – RELLERLI – NÜJEBERG – SPARENMOOS – ZWEISIMMEN – SCHÖNRIED

- Schönried-Rellerli
- Rellerli-Sparenmoos 3:30 h
- Sparenmoos-Zweisimmen
- Zweisimmen-Schönried

D GSTAAD Station – WISPILE – GSTEIG – GSTAAD Station

- Gstaad Station-Gstaad Wispile
- Gstaad Wispile-Wispile
- Wispile-Chrine-Gsteig 2:30 h
- Gsteig-Gstaad Station

E GSTAAD Station – WISPILE – LAUENENSEE – GSTAAD Station

- Gstaad Station-Valley station Wispile
- Valley station Wispile-Wispile
- Wispile-Chrine-Lauenensee 3:00 h
- Lauenensee-Gstaad Station

F GSTEIG – COL DU PILLON – GLACIER 3000 – SANETSCH – GSTEIG

- Gsteig-Col du Pillon
(Recommended starting point)
- Col du Pillon-Cabane-Scex Rouge
- Scex Rouge-Sanetsch,
Top station 5:00 h
- Sanetsch, Top station – Valley station
Sanetsch (information | Reservation,
+41 58 477 85 75)
- Valley station Sanetsch-Gsteig 0:30 h



Integrated Wellness

Six Senses Integrated Wellness is an innovative wellness concept which allows our in-house experts to measure and analyse key physiological biomarkers to provide you with lifestyle and nutritional advice, and design a personalised programme of spa treatments, fitness and wellness activities based on the preventative principles of the Eastern medicine approach and the result-oriented western influences.

A three-step process to improving one's well-being:



This summer sees the introduction of Six Senses Integrated Wellness at The Alpina Gstaad through the launch of personalised wellness programmes designed by in-house Six Senses wellness experts.



Wellness Screening

The Heart of Integrated Wellness

This 60-minute screening is used to analyse key physiological biomarkers of health including body composition, metabolism, oxygen distribution, heart function and circulation, as well as stress parameters.

The result is an easy to understand report, using a rating system based on the biomarkers and providing scores on the following areas:

- Body composition
- Stress
- Internal environment
- Prevention

Depending on the scores, our wellness expert highlights the main areas that your personalised programme will focus on. This information, together with in-depth discussions about your lifestyle, concerns and personal goals, enables our wellness expert to recommend a personalised wellness programme including selected spa treatments, nutritional advice and a series of fitness and wellness activities to help you achieve your goal.

Wellness Screening CHF 170





Personalised Wellness Programmes

Each programme includes one spa treatment and one wellness activity per day under the guidance of a Six Senses wellness expert.

Personalised programmes take into consideration your most common lifestyle-related concerns and personal goals, some of these are listed below:

Full Potential

Are you already in good health and wish to progress to the next level?

This is the most flexible programme and allows our in-house expert to prepare a personalised programme based on the initial assessment and the personal improvements you wish to achieve.

Sleep & Resilience

Are you feeling tired and lack energy, experiencing bouts of the sniffles, suffering from headaches and pains and finding it difficult to handle stress and adversity?

The goal of this programme is to help you rest your mind and rejuvenate your body by combining the benefits of yoga and meditation, as well as relaxing spa treatments, wellness therapies, low-intensity training and nutritional advice.



Trim & Fit

Want to lose weight, improve your stamina, tone your body, get fit or address specific movement-related concerns?

This programme brings together the best of your abilities and focuses on movement, blending high and low-intensity training with soothing treatments, meditation, sleep and nutrition.

Mountain Detox

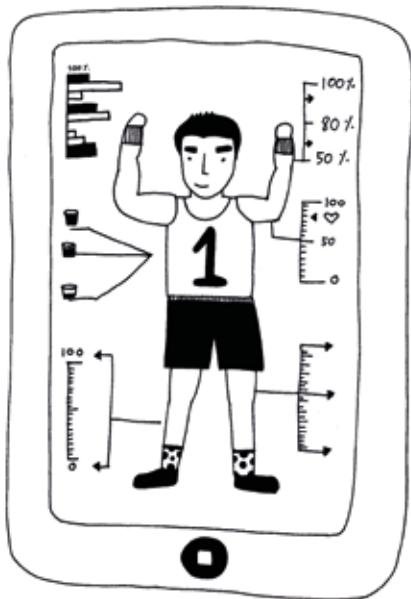
Want to eliminate toxins, improve your digestive system, boost your immune system and achieve clarity of thought and peace of mind?

The main focus is on utilising the non-invasive techniques of yogic cleansing and detoxing in a safe and controlled manner. This is combined with low-intensity training, detoxifying therapies, massages, reflexology and meditation.

Post-Programme Follow-Up Consultation

Our Six Senses wellness experts go over the results of your stay and provide advice and tools on how to continue and maintain a healthy lifestyle at home.

For more information please contact our Six Senses Spa at reservations-alpinagstaad-spa@sixsenses.com or + 41 33 888 9898.



GOOD TO KNOW

A follow-up wellness screening session is recommended for programmes of one week and beyond.



Antonis Sarris

Wellness Expert

Born in Athens, Antonis Sarris has been a holistic therapist since the mid-1990s. During this time he also started researching Tai Chi, Chinese medicine and energy treatments. In 2008, Antonis was ranked among the top ten best masseurs in the world. His specialties include Thai massage, Shiatsu, aromatherapy, crystal healing and chakra balancing. As a wellness expert, he will recommend a personalised wellness programme based on your wellness screening results and provide advice for the time after your stay.



Ezequiel Ventura

Personal Trainer

Dynamic and energetic, Ezequiel Ventura has been getting people into shape with Six Senses since 2011. Having earned a Master's degree in Physical Education and completed several training courses, he joined Six Senses Spa at The Alpina Gstaad in 2012. From June 2016, he will support our wellness expert by planning and implementing the training elements of guests' personalised wellness programmes.





Take the First Step into a Healthy Life

Interview with Neil Jacobs - CEO of Six Senses Hotels Resorts Spas about Integrated Wellness



What is the main benefit Integrated Wellness by Six Senses can offer our guests in comparison to standard wellness programmes?

"With the introduction of Six Senses Integrated Wellness, we are able to offer our guests programmes especially designed for them. Even if two people are travelling together and want to go on the same programme, the individual features of that programme would not be exactly the same for both of them.

Our programmes are also based on a system that can be found worldwide in many of our spas. This allows us to offer a follow-up and continuation of our guests' programmes at other Six Senses spa locations that offer Integrated Wellness."

How many days of personalised programme would you recommend our guests as a follow-up to their screening in order to see improved results?

"It all depends on what the guest wants to achieve and what we find during the wellness screening. The absolute minimum would be three days with some valuable advice and tips to continue at home. We would recommend five days to start seeing some changes and we would recommend a follow-up screening after a seven-day programme or longer."

What is your personal tip to stay fit and healthy?

"The number one tip is to make sure to get the right amount of light at the right time, and ensuring a good night's sleep every night. That is the basis of all health, with sleep being the most important factor. Then I practice the 80/20 rule, trying to eat 80 per cent right and allow myself 20 per cent of "flexibility" if I so wish; and finally to make sure to move three times a week for 30 minutes even if it is just a brisk walk as well as taking one treatment depending on my need. If I get the above right, I have a great foundation for playing at the top of my game, and making healthier lifestyle choices."



GOOD TO KNOW

Neil Jacobs is chief executive officer at Six Senses Hotels Resorts Spas. With over three decades of experience in the operation, development and transactional side of hotels and spas, Neil is passionate about wellness, sustainability, inventive design, food and experiential travel.



5 NIGHTS
JUNE 3rd – SEPTEMBER 18th, 2016

Mountain Detox Sample Programme

This programme is designed specifically to your needs by our in-house expert following your wellness screening and personal consultation. Cleansing treatments, wellness activities and expert guidance, all set in one of the most beautiful natural locations in Switzerland, will recalibrate your body and mind.

Healthy and delicious Alpina Spa Cuisine or a selection of juices and smoothies from either Six Senses or our partner Detox Delight are also on offer and complement this programme.



GOOD TO KNOW

Detox programmes start on Mondays, Wednesdays and Fridays.

Orders must be placed by 4:30 p.m. on the previous Thursday.

Five-night package includes:

Body Composition Analysis, Signature Hammam Experience, Second Skin Facial, Meditation, Reiki, Colonic Cleansing, Nutritional Consultation, Detox Bandage Wrap, VelaShape, Biorhythms, Floatation Therapy, Six Senses Detox Massage, Yoga Detox, Pilates, Tai Chi / Qi Gong and optional group classes.

For more information please contact our Six Senses Spa at reservations-alpinagstaad-spa@sixsenses.com or + 41 33 888 9898.



4 NIGHTS
JUNE 3rd – SEPTEMBER 18th, 2016

Tibetan Healing Retreat with Antonis Sarris

Tibetan healing encompasses all areas of life. It believes in the wholeness and interdependence of the body, mind and nature, and that the five elements of earth, fire, water, air and space are the common and fundamental principles shared by the body. This programme begins with a consultation, pulse reading and a questionnaire, enabling the practitioner to identify your body constitution and suggest a selection of treatments and lifestyle adjustments.

The complementing treatments address the physical and energy levels to rebalance and rejuvenate the body and mind.

Deluxe Room, 4 nights single use
including treatments CHF 2'950

TIBETAN WEEK

August 22nd to 28th, 2016

During this week, Tibetan monk and scholar Lama Tenzin Kalden from the Tibetan institute Rikon in the canton Zurich will introduce Tibetan yoga Lu Yong to our guests and hold meditation sessions.



JUNE 3rd – SEPTEMBER 18th, 2016

Six Senses Spa Day

Treat yourself to a Six Senses Spa Day at The Alpina Gstaad. Your day begins with a group class for one hour, followed by a 60'min Six Senses Spa signature massage. After a healthy 3-course-menu you can put your feet up and relax in the spa surroundings and enjoy its great facilities.

CHF 299 per person

For more information please contact our Six Senses Spa at reservations-alpinagstaad-spa@sixsenses.com or + 41 33 888 9898.



SWISS TECHNOLOGY FOR SLIMMING

Slim Sonic Plate

Your electronic fitness partner will support you during your exercising programmes as it can be used for all kinds of indoor and outdoor sport activities to maximise your training results.



SIX SENSES SPA

A belt that accelerates the reduction of your size within days.

Sonic resonance generated by the plates targets and eliminates fat cells.



The released fat is transformed into energy and consumed by your muscles.



Due to the Bluetooth connection you can easily navigate and control your progress.

OUR SPA EXPERTS WILL ADVISE YOU ON HOW TO INCLUDE THE SLIM SONIC PLATE INTO YOUR SPA PROGRAMME.

JULY 2nd, 2016

It's All About that Jazz!

With the 50th Montreux Jazz festival taking place this summer from July 1st to July 16th, we aim to bring some of that swing to Gstaad. Enjoy a beautiful summer evening on our terrace, savouring exquisite food in one of our three restaurants. You will be entertained by Kilian Perret-Gentil and Louis Bourhis, students of Haute Ecole de Musique de Lausanne, with their tribute to jazz legend Chet Baker on vocals, guitar and double bass.

We advise you to reserve your table in advance via event@thealpinagstaad.ch or +41 33 888 9881.

JULY 14th TO SEPTEMBER 3rd, 2016

Gstaad Menuhin Music Festival 2016

Under the theme "Musique & Famille" more than 70 concerts await you in and around Gstaad to fittingly celebrate the 100th anniversary of the birth of its founder the great violinist Yehudi Menuhin. Combine your visit with a stay at The Alpina Gstaad and enjoy several benefits.

Package includes:

Two nights in a Deluxe Room, concert tickets, one GSTAAD easyaccess card per person, Alpina Culinary Credit – a food and drinks voucher worth CHF 100 per person per day.

Deluxe Room, 2 nights double occupancy CHF 1'750





Extend your stay to three nights and enjoy a relaxing 60-minute Six Senses signature massage in our Spa.

Deluxe Room, 3 nights double occupancy CHF 2'800

ALPINA SPECIALS



HIGHLIGHTS OF THE 2016 GSTAAD MENUHIN FESTIVAL

-  **July 20th / 23rd / 25th**
Homage concerts to Menuhin with András Schiff.
-  **August 12th - 13th**
Russian symphonic concerts headed by Valery Gergiev of the Mariinsky Orchestra from St. Petersburg.
-  **August 21st**
Italian programme with Riccardo Chailly and the Teatro alla Scala Orchestra from Milan.
-  **August 26th - 27th**
Premiere appearance of star pianist Lang Lang for a workshop and recital.





4 NIGHTS
JUNE 3rd – SEPTEMBER 18th, 2016

Deluxe Family Holiday

Few regions can provide as varied and memorable a family holiday as Gstaad and the Saanenland. Here, you can spend your days together exploring the great outdoors, heading out on exciting trips, and enjoying a wide range of sporting activities.

Package includes:

Four nights in 2 Deluxe rooms for 2 adults and 2 children aged 12 and below, one GSTAAD easyaccess card (valid for 3 days) per person, Alpina Culinary Credit – a food and drinks voucher worth CHF 100 per person per day.

Deluxe Family Room	2 adults + 2 children	2 adults + 1 child
4 nights	CHF 5'500	CHF 4'700

Each additional child: CHF 800

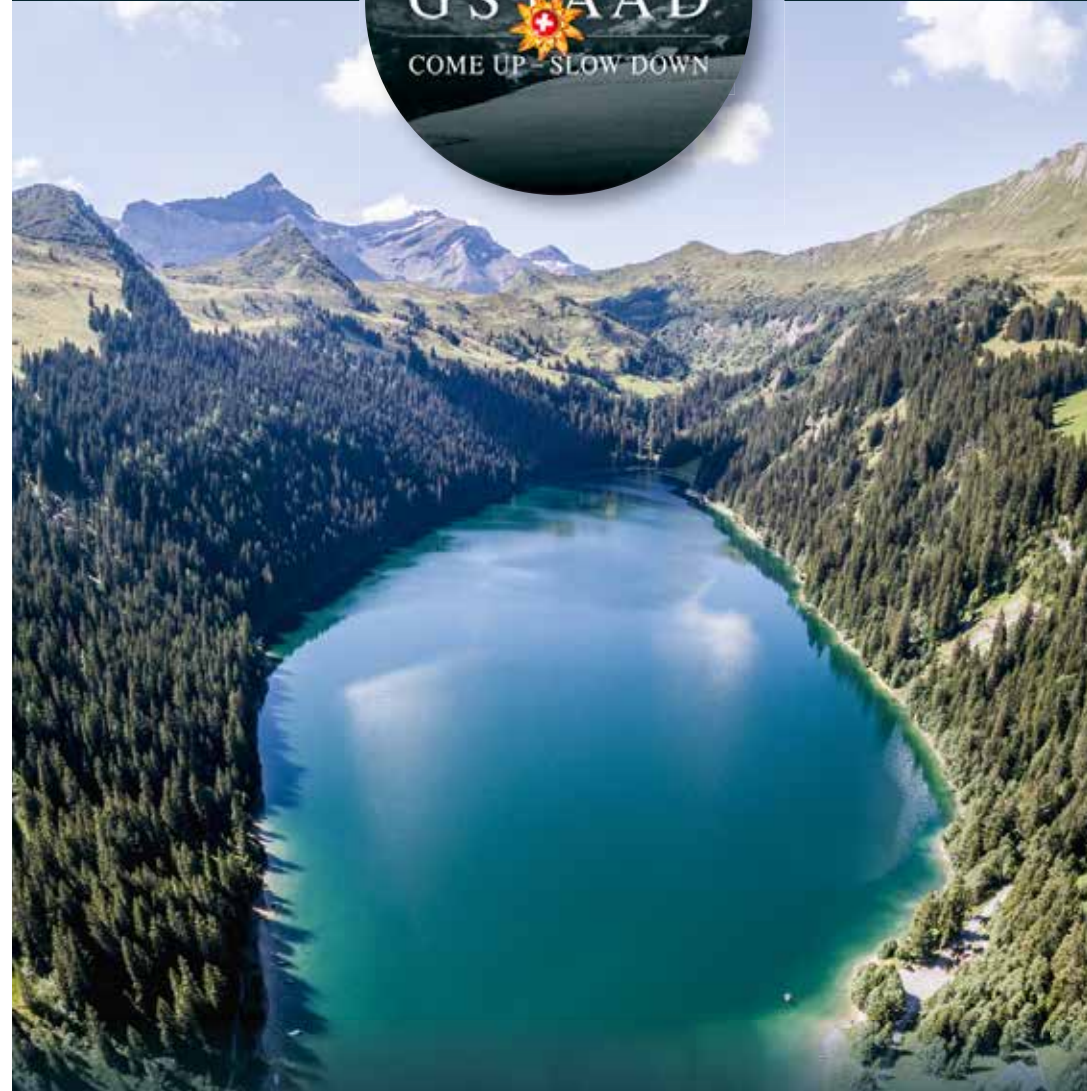
For more information please contact our reservations team at reservations@thealpinagstaad.ch or + 41 33 888 9888.

TREE HOUSE CLUB

The fully supervised Tree House Club is available for our younger guests should the weather not be suitable for exciting outdoor adventures.



PRISTINE NATURE



Mountain silence and inner peace at Lake Arnen – Discover the majestically beautiful landscape of Gstaad. Here you will find yourself transported to another world altogether – a world of stunning scenery and warm hospitality, alpine tradition and village community. And as our slogan Come up – slow down implies, we do whatever it takes to make our guests feel great.

www.gstaad.ch/en



THE ALPINA
GSTAAD

A Truly
Magnificent
Setting for your
Special Day



thealpinagstaad.ch

ALPINA SPECIALS 

2 NIGHTS
JUNE 3rd – SEPTEMBER 18th, 2016

Romance

We have created the perfect romantic atmosphere, so you can make the most of some quality time for two.

Package includes:

Two nights in a Junior Suite with a Vitality breakfast in your room or in the Sommet restaurant, a special welcome gift upon arrival, a romantic five-course gourmet dinner served in the award-winning Sommet restaurant as well as a couples Hammam experience.

Junior Suite, 2 nights
double occupancy CHF 2'500

For more information please contact our reservations team at reservations@thealpinagstaad.ch or + 41 33 888 9888.



ALPINA SPECIALS



GOOD TO KNOW

Our exclusive and sensual Love Suite by Kiki de Montparnasse features a "Love Letter Corner" where our guests can put their feelings into writing. The Romance package can be booked in combination with The Love Suite by Kiki de Montparnasse.

Dinner for Two Underneath the Stars

Treat yourself and your loved one to an unforgettable candlelit dinner under the stars in our beautiful summer garden. You will be the personal guests of our Executive Chef Marcus G. Lindner who will prepare a four-course gourmet menu accompanied by a bottle of champagne. Look forward to a night of sparkling moments.

A table for two is priced at CHF 500.



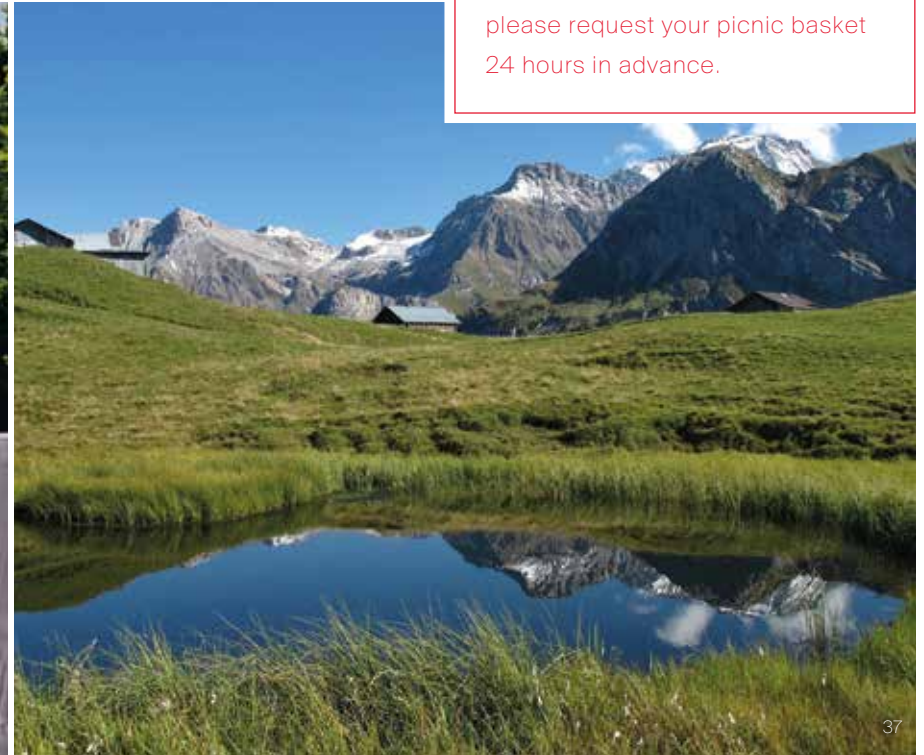
The Alpina Picnic

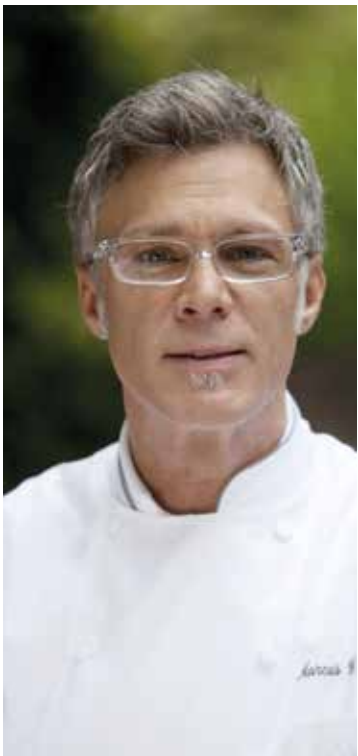
What could be more relaxing than enjoying gourmet food in the beautiful surroundings of Gstaad? Choose from three delicious picnic menus including the finest specialities prepared by our Executive Chef Marcus G. Lindner. We will provide you with all the necessary equipment to spend a wonderful summer day in the mountains.



GOOD TO KNOW

So that we can fulfil all your wishes, please request your picnic basket 24 hours in advance.





ii CULINARY HIGHLIGHTS

JUNE 4th - 30th & SEPTEMBER 1st-17th Learn from the Best

How to Cook like a Michelin-Starred Chef

For those who are seeking to improve their cooking skills we offer private cooking workshops with our Executive Chef Marcus G. Lindner who will help teach you and unveil some of his secrets of culinary arts. After this bespoke experience you will get to create your self-made Michelin star dish - as well as receive a special surprise gift.

2-hour workshop
CHF 220 per person

The experience can also be included in a special package with over four hours of teaching in two days.

Package includes:

Two nights in a Deluxe Room for two adults, welcome cocktail with Executive Chef Marcus G. Lindner and a five-course gourmet dinner at our one Michelin star Sommet restaurant.

Deluxe Room, 2 nights
double occupancy CHF 2'400



JUNE 3rd - SEPTEMBER 18th, 2016

Let's Roll!

You would like to savour our delicious MEGU sushi every day? Then learn how to do it from the man behind the sushi bar himself and surprise your loved ones at home with your own sushi and sashimi that is beyond the expected.

2-hour workshop
CHF 200 per person

The workshop can take place only with a minimum of four participants and upon availability.

Sweet Treats!

Create your own sweet souvenirs by making tasty treats with freshly picked herbs from our little garden and original Swiss chocolate! Or amaze your family and friends with some famous cherry pie from the canton of Zug. Our pastry chef will give you exclusive insight into his colourful and mouth-watering world.

2-hour workshop
CHF 160 per person





THE ALPINA
GSTAAD



Alpina Gstaad

Discover Culinary Diversity
at The Alpina Gstaad.

R E S T A U R A N T S O M M E T



MEGU



ALPINA LOUNGE & BAR

thealpinagstaad.ch

Alpinastrasse 23 ♦ 3780 Gstaad, Switzerland ♦ T. +41 33 888 9888 ♦ F. +41 33 888 9889 ♦ info@thealpinagstaad.ch



DANIEL MARSHALL

A SYMBOL OF QUALITY
SINCE 1982



THE ALPINA
GSTAAD

24KT GOLDEN TORPEDOS
AVAILABLE AT THE ALPINA GSTAAD

DM CIGARS RATED
"OUTSTANDING"

90 points by Cigar Aficionado
June 2014

91 points by Cigar Journal
March 2012



CULINARY HIGHLIGHTS



THE ALPINA
GSTAAD



Beyond The Expected

follow us     



GOOD TO KNOW 



Partners in Excellence

Our excellence pact offers you the very best welcome in partner establishments. This is the objective of the partnership strategy pursued by The Alpina Gstaad with two of the finest international hotels.

Grand Hotel Tremezzo

An authentic Art Nouveau palace with a unique lakeside position offering unparalleled views of Bellagio and the stunning Grigne mountains.



Grand Hotel
Tremezzo

Post Ranch Inn

Perched atop the cliffs of Big Sur in California, the Post Ranch Inn provides a getaway experience for travellers wanting to take in the beauty of the Big Sur coast.



Post Ranch Inn

Guests of The Alpina Gstaad benefit from a 10% discount on the Best Available Rate, a complimentary upgrade and a special surprise at these resorts.

Useful information

Terms & Conditions of the packages: All packages are available on request and subject to availability from June 3rd to 18th September 2016. They include daily vitality breakfast in our Sommet restaurant or in your room; free access to pools, saunas, steam-baths and relaxation areas at the Six Senses Spa; parking; a service charge; all taxes and VAT.

Arrival and departure: Your room is available from 3 p.m. on the day of your arrival and until midday on the day of your departure. Your booking is confirmed following payment of a deposit or receipt of your credit card details.

Six Senses Spa: We recommend that you book your beauty and spa treatments when you make your room reservation. Once the reservation is complete, you can contact the staff at Six Senses Spa directly to arrange the details and to book specific services.

Cancellation: You can cancel your reservation free of charge up to seven days prior to arrival. Any cancellations made later than this will incur the full charge of your stay.



Gstaad is located in south-west Switzerland in the German-speaking canton of Bern. Bern-Belp Airport is Gstaad's nearest international airport and is located 1 hour 20 minutes away by car and 3 hours by train. Zurich International Airport is 3 hours from Gstaad by car and 3 hours 30 minutes away by train. Geneva International Airport (Genève Aéroport) is well connected to Gstaad, located around 2 hours away by car and 2 hours 40 minutes by train. If you would like to arrive more discretely, private jets may land at the small airport in Saanen, located just 6.5 kilometres from The Alpina Gstaad. We are happy to organise transfers by helicopter or limousine on request.



80
YEARS



SWISS DELUXE HOTELS

LEGENDSM

Preferred

HOTELS & RESORTS



FINE HOTELS & RESORTS

Traveller Made[®]
Hotel Partner

VIRTUOSO MEMBER.
SPECIALISTS IN THE ART OF TRAVEL



THE ALPINA
GSTAAD